



Walters State Community College Course Syllabus

Course Information

Course Number and Name: NRSN 1340 Mental Health Nursing

Section ID: 80549.202380

Semester and Year: Fall 2023

Credit Hours: 3

Start Date: August 21, 2023

End Date: December 08, 2023

Course Format: TWY - Two-Way Video/Audio (ITV)

Catalog Course Description: This course applies the core concepts that provide the basis for knowledge, skills and attitudes that are essential for providing safe nursing for clients with alterations in mental health including pharmacological management. **F,S,Su**

Meeting Details: R; 01:30PM - 03:30PM; TECH 150 & TBD & TBD

Course Drop Deadline: October 27, 2023

Instructor Information

Name: Elizabeth Wildt

Office Location: TECH 106K

Office Phone: 423-585-6987

Email: Liz.Wildt@ws.edu

Name: Miriam Culbertson

Office Location: CCEN 108

Email: Miriam.Culbertson@ws.edu

Name: Dr. Beth Cruz

Role: Course Coordinator

Office Location: WSCC Morristown - TECH 118C

Office Hours: As posted in eLearn

Office Phone: 423-318-2752

Email: Beth.Cruz@ws.edu

Supervisor Name: Dr. Cheryl McCall

Supervisor Phone: 423-585- 6993

Secretary Phone: 423-585-6981

Name: Dr. Lorelei Moore

Office Location: TECH 106I

Office Hours: As posted in eLearn

Office Phone: 423-585-6795

Email: Lorelei.Moore@ws.edu

Supervisor Name: Dr. Cheryl McCall

Supervisor Phone: 423-585-6993

Secretary Phone: 423-585-6981

Name: Sheila Walker

Role: Clinical Instructor

Office Location: WSCC Niswonger Campus

Office Hours: As posted in eLearn

Office Phone: 423-798-7955

Email: sheila.walker@ws.edu

Supervisor Name: Dr. Cheryl McCall

Supervisor Phone: 423-585-6993

Secretary Phone: 423-585-6981

Name: Misty Simpson

Office Location: Main

Office Hours: TBA

Office Phone: TBA

Email: Misty.Simpson@ws.edu

Supervisor Name: Dr. Cheryl McCall

Supervisor Phone: 423-585-6993

Name: TBD

Office Location: Tech 118C

Office Hours: As posted in eLearn

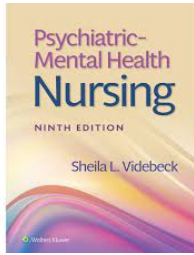
Office Phone: 423-585-6981

Email: TBD

Supervisor Name: Dr. Cheryl McCall

Supervisor Phone: 423-585-6993

Required Textbook(s) and Materials



Psych Mental Health Nursing (9th Ed)

ISBN: 9781975206024

Authors: Shelia Videbeck

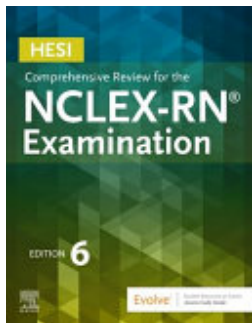
Publisher: LWW

Publication Date: 2023

Edition: 9th

Additional Information

The Course Point Plus is also required for this course. Please use this ISBN number only!!



Hesi Comprehensive Review for the Nclex-RN Examination

ISBN: 9780323582452

Authors: HESI

Publisher: Elsevier

Publication Date: 2019-10-01

Supplemental or Optional Materials

Suggested Applications: Microsoft Teams- Microsoft 365 & Zoom.us

Student Learning Outcomes/Objectives

- Competencies and Student Outcomes
Upon successful completion of this course, which includes classroom attendance, text and journal readings, independent study, campus laboratory simulation, and guided clinical practice, the learner will:

Professional Behavior: Demonstrate ethical, legal, and regulatory frameworks of nursing and **standards of professional nursing practice.**

Communication: Demonstrate effective **communication** including information and technology.

- Understand therapeutic communication in dealing with clients with mental health disorders.
- Understand how to manage aggressive clients

Assessment: Demonstrate ability to collect **subjective and objective data** to identify actual or potential health alterations.

- Demonstrate the appropriate use of screening tools for different types of mental health disorders.
- Understand the use of mental status exams for clients with mental health disorders

Clinical Decision Making: Formulate **clinical decisions** to provide safe and effective evidence-based nursing care.

Caring Interventions: Demonstrate **caring interventions** that incorporate principles of dignity, diversity, safety, and knowledge.

Teaching/Learning: Develop an individualized **teaching plan** to meet the learning needs of clients, families, and/or groups.

- Understand the key concepts associated with cognitive behavioral therapy and other types of psychiatric rehabilitation.
- Understand the differences in the group, family, and individual therapy for clients with mental health disorders.

Collaboration: **Collaborate** when planning care.

- Demonstrate collaboration with health care providers and mental health professionals when planning care for clients.

Managing Care: Use basic principles of **managing care**.

- Understand the importance of community resources in managing clients with mental health disorders.
- Be able to identify resources for clients with mental health disorders.

QSEN: Quality and Safety Education for Nurses

Upon successful completion of this course, which includes classroom attendance, text and journal readings, independent study, campus laboratory simulation, and guided clinical

practice, the learner will:

Client-Centered Care

1. Recognize the client and family are in a partnered relationship with their healthcare providers and should be equipped with relevant information, resources, access, and support to fully engage in and/or direct their healthcare experience.
2. Develop and integrate an understanding of multiple dimensions of client-centered care.

Teamwork and Collaboration

1. Function effectively within nursing and multi-disciplinary teams, fostering open and effective communication, mutual respect, and shared decision-making to achieve quality client care.

Evidence-Based Practice

1. Integrate the best current evidence with clinical expertise and client/family preferences and values for the delivery of optimal, individualized health care.

Quality Improvement

1. Recognize that improving client care requires a systematic process of defining problems in order to identify potential causes and develop strategies to improve care. This process requires the ability to measure care and utilize data to monitor care processes' outcomes to design and test changes promoting continuous improvement of the quality and safety of health care systems.

Safety

1. Deliver safe effective care through an understanding of the complexity of care delivery, the limits of human factors, safety design principles, characteristics of high-reliability organizations, and client safety resources.

Informatics

1. Demonstrate competency with current computer-based information technologies.
2. Navigate the electronic health record.
3. Use computers to document caring interventions.

4. Recognize the time, effort, and skills required to become proficient at utilizing electronic devices and other information technologies as reliable and effective tools for client care.
5. Protect the confidentiality of protected health information in electronic health records.

Instructional Approach and Methods

1. Lecture via in-person and Zoom streaming
2. Small and Large group discussions
3. Assigned readings/learning modules
4. Audiovisual Presentations
5. Guest speakers
6. Course Point+ Case Studies/Virtual Simulation/PrepU
7. Simulation
8. Unit/Final Examinations
9. Quizzes
10. Computerized HESI Examinations for Mental Health
11. Clinical Experiences
12. Clinical Presentations
13. Written Assignments

Assessment, Evaluation and Testing Procedures

The Grading/Testing Policy is located in the current nursing handbook.

Each student must complete the required exams, exam analysis, assigned case studies, self-learning modules, clinical projects, Course Point+ assignments, and proctored HESI exam before receiving a semester grade. Failure to complete the above course requirements by the scheduled deadlines will result in an Incomplete "I" for the course. The student must complete all required items to remove the "I" and receive the appropriate grade.

1. Quizzes: There will be five (5) quizzes worth 5 points each for a total of twenty-five (25) points. Quizzes will be in PrepU. Quizzes will be assigned in Coursepoint plus and available for a limited time. In the event of a missed quiz due to an EXCUSED absence, the student can

request a makeup quiz at the discretion of the faculty. Only one makeup quiz will be allowed in the semester.

Grading Rubric for PrepU Quiz

Prep U Quizzes	5 pts	2.5 pts	0 pts
	Full credit	Partial Credit	No credit
	Level 5 Mastery achieved on the quiz prior to the deadline.	Level 3 Mastery achieved on the quiz prior to the deadline.	Less than Level 3 Mastery achieved on the quiz by the deadline or No attempt

- Exams: There will be three (3) unit exams worth 50 points each (150 points), and one (1) comprehensive final exam (80 points).
 - Nullifying exam questions determined to be statistically invalid may occur and is up to faculty discretion.
 - Students may contact individual faculty advisors to discuss test-taking strategies up to one week after the exam date. Students not scoring 78% on any exam must contact their advisor. After one (1) week, all grades are final. A minimum of 78% is required for the student to progress to the next nursing course.
- Students will take a HESI Mental Health Nursing Exam.
- Case Studies: There will be 5 case studies assigned in Coursepoint plus worth 5 points each (25 points), case studies must be completed by the due date to receive the points for the assignment. All assigned case studies have to be completed or students will receive an incomplete for the course.

Course Points	
5 Quizzes: (5 points each)	25 points
3 Unit Exams (50 points each)	150 points
Final Exam (comprehensive)	80 points
HESI Exam (conversion score)	20 points
5 case studies from The Point + (5 pts each)	25 points
Total Course Points Possible	300 points

Exam	Schedule		Topics
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Exam	Schedule		Topics
Unit Exam 1	Date 09/14/2023	Questions:50	Foundations, Legal, Theory, Therapeutic communication/relationship, Psych Assessment/Group process, and Psychopharmacology
Unit Exam 2	Date 10/19/2023	Questions:50	Child/Adolescent DO, Cognitive DO, Anger/Abuse/Violence, Eating DO, Mood DO, Grief/Somatic DO
Unit Exam 3	Date 11/16/2023	Questions:50	Thought DO, Trauma/Anxiety/OCD, Addiction, Personality DO
HESI Exam	Date 11/16/2023		Psych/Mental Health
Final Exam	Date 12/06/2023	Questions:80	Comprehensive to include questions from the Special Populations module

Bonus Points - There will be an opportunity at the beginning of the semester to obtain 2 bonus points by completing a webinar in Coursepoint plus related to using coursepoint plus and how to study.

Other Requirements: Program Specific Policies

HESI Information:

HESI Testing

The HESI specialty exams assess students' knowledge and their ability to apply nursing concepts within specific content areas.

- Each student must complete the required HESI adaptive quizzing (Mental Health) with a score of Novice or better by the assigned calendar date. Failure to complete the assigned adaptive quizzing will lead to students' inability to sit for the HESI exam.

- Each student must complete the required HESI (Health Education Systems Incorporated) exam prior to receiving a grade for the semester.
- All students will take the exam at the end of the semester.
- A score of 850 is the minimum score for the HESI exam as a predictor for success on the NCLEX-RN exam. Failure to complete the required HESI testing will result in an Incomplete ("I") for the course.
- Students are required to complete remediation activities on all topics deemed unsatisfactory with evidence to verify completion of the remediation process as specified by the remediation guidelines for the course.

No smart devices or cellphones are allowed during the HESI exam.

HESI Remediation

- Questions missed on the HESI exam(s) identify topics with related sub-topics which might be problematic for students when taking future examinations.
- To promote student success, remediation is a process that provides the opportunity for students to correct areas of deficiency.
- The purpose of remediation is to assure mastery of course content material important for passing HESI specialty exams, unit exams administered in the nursing courses, and ultimately, the NCLEX-RN licensure examination.
- All students are required to complete remediation activities on all questions missed on the HESI exam(s) regardless of the obtained score.
- Additionally, students will track areas needing remediation from the unit exams administered in the course.
- Remediation activities must be completed to verify that the process has been fulfilled as defined by the course remediation guidelines and by the date specified by the faculty.
- All students **must complete** the mandatory remediation of the Fundamentals HESI Exam or receive a grade of Incomplete ("I") for the course until the Fundamentals HESI Exam remediation has been completed.
- Additionally, it is expected that students **will remediate all HESI exams regardless of the score obtained.**

Grading Scale

Letter Grade	Percentage	Points
A	92 – 100%	275-300
B	83 – 91%	248-274

Letter Grade	Percentage	Points
C	78 – 82%	233-247
D	70 – 77%	209-232
F	69% or below	208 or less

Assignments

- **Coursepoint plus assignments as posted in eLearn**
- **Adaptive quizzing assignments posted in eLearn**
- **Clinical assignments as posted in eLearn**

Course and Class Policies/Procedures

1. Students will comply with the WSCC Department of Nursing Handbook and the WSCC Catalog for pertinent policies and procedures.
2. The student is responsible for keeping Health Program files up to date to begin NRS 1340 (completed physical with immunizations, BLS card, photograph, signed permission sheets, and proof of malpractice insurance). Failure to comply may result in removal from the course.
3. Background checks and drug screens are required for most clinical sites. It is the responsibility of the student to provide the requested information and submit the background check and drug screen as directed prior to orientation at the clinical site. Failure to do so will result in removal from the class. Additional information is in the current WSCC Catalog and Nursing Student Handbook.
4. Visual aids selected by the instructor to present class lectures may be posted on eLearn for students to access. Placing visual aid (slides, PowerPoint, overhead, etc.) on eLearn is at the discretion of the individual instructor.
5. Professional and ethical behavior within the classroom/virtual setting as well as the clinical setting is expected. The nursing student will demonstrate respect for peers and faculty in all situations, will demonstrate accountability for all actions, will actively participate in and accept responsibility for learning, will demonstrate dependability and timeliness, and will maintain an acceptable level of personal appearance.
6. Students are required to have an updated laptop or computer available for use. (Chromebooks do not work with the online testing requirements). Computers must have a working camera and microphone. Reliable internet required.

Online/Web-Enhanced Course Supplementary Information

Office hours	Virtual Office Hours – as posted in eLearn Calendar and MS Teams
Library Information	R. Jack Fishman Library Homepage Library_(opens in new window)_
Technical Support	Students are responsible for purchasing (or gaining access to) all required hardware, software, and related course materials. If having trouble with the eLearn site, please contact the Help Desk by phone at Morristown: 423-318-2742 Greeneville: 423-798-8186 or Sevierville: 865-286-2789 or on-line access at helpdesk (opens in new window) .
Web Addresses/Resources	Evolve course help desk can be reached at 1.800.222.9570 OR http://www.coursewareobjects.com/objects/evolve/E2/book_pages/technical_support/student.php (opens in new window)_
Guidelines for Communication:	Email faculty via ws.edu with needs, concerns, or questions.
Wolter Kluwer	https://lippincottdirect.lww.com/

Academic Honesty

Faculty expect all students to refrain from acts of academic misconduct including but not limited to:

1. Plagiarism - refers to using another person's ideas or writing without giving proper credit to the original source. Indulging in this type of conduct will subject the student to disciplinary sanctions, which may be imposed through the regular institutional procedures of Walters State Community College as outlined in the Student Handbook. Plagiarism will result in a grade of "0" for the paper/exam/presentation. Student Conduct and Disciplinary Sanctions contained in the college Catalog/Student Handbook apply (see policy 04:18:02 Disciplinary Sanctions). Plagiarism includes, but is not limited to the following:
 - a. Using cut/paste tool from original document with no references given.
 - b. Copying another student's work and submitting it as one's own.
 - c. Forging or otherwise altering signatures.
 - d. Giving or falsifying academic documents or materials.
2. Cheating - construed as attempting to deceive or mislead which includes, but is not limited to the following:
 - a. Utilizing old tests, projects, notes or written papers.
 - b. Providing unauthorized information to a fellow student about exam content.

- c. Receiving unauthorized aid from any source with quizzes, examinations, or other assignments.
 - d. Seeking information in an unacceptable manner during/preceding an exam or other assigned work (cheat sheet, verbal exchange, looking at another person's paper or electronic device, utilizing headphones, using textbook when the test/quiz is not an open book test/quiz, using textbook test bank etc.).
 - e. Consulting with a classmate or others when taking a computerized test.
 - f. Disregarding other specific policies and procedures outlined for a particular class.
 - g. Utilizing unapproved technology/electronic equipment during testing (i.e.: mobile devices such as cell phones, smart devices, or tablets, etc.).
 - h. Using the same Internet Protocol network address (IP address) as another student for testing without approval from the course faculty.
3. The use of any generative artificial intelligence (AI) tool, such as OpenAI's ChatGPT, Google's Bard, or any other pre-trained language model (commonly referred to as "chatbot"), must be cited for any assignment where it has been used and may not be used unless specifically allowed by your instructor. Please see your instructor or the course policies within the syllabus if you have questions.

Student Resources

TUTORING SERVICES

Students in need of tutoring assistance are encouraged to contact the Office of Student Tutoring located as follows:

- Morristown Campus - Student Services Building Room L107 - (423) 585-6920
- Niswonger Campus - GRNV 226 - (423) 798-7982
- Sevierville Campus - MMH Room 210 - (865) 286-2787
- Claiborne Campus - Room 123A - (423) 851-4761

Specific tutoring assistance in mathematics and writing is available in-person and online as follows:

- Morristown Campus - English Learning Lab - HUM 120 - (423) 585-6970

[Walters State English Learning Lab \(opens in new window\)](https://www.walters.edu/academics/humanities/writing-lab)
[ws.edu/academics/humanities/writing-lab](https://www.walters.edu/academics/humanities/writing-lab)

- Morristown Campus - Mathematics Lab - MBSS 222 - (423) 585-6872

[Walters State Mathematics Learning Lab \(opens in new window\)](https://www.waltersstate.edu/academics/mathematics/learning-lab)
[ws.edu/academics/mathematics/learning-lab](https://www.waltersstate.edu/academics/mathematics/learning-lab)

TECHNOLOGY SUPPORT

Students who need assistance with computing and technology issues should contact the IET Helpdesk by phone at Morristown: (423) 318-2742; Niswonger: (423) 798-8186; or Sevierville: (865) 286-2789 or on-line access.

[Walters State Helpdesk \(opens in new window\)](https://www.waltersstate.edu/helpdesk)
helpdesk.ws.edu

STUDENTS WITH DISABILITIES SUPPORT SERVICES

Students with disabilities must register with Student Support Services each semester in the Student Services Building, Room U134 (phone (423) 585-6892) if they need any special facilities, services, or consideration.

[Walters State Student Support Services \(opens in new window\)](https://www.waltersstate.edu/student-services/disability/)
[ws.edu/student-services/disability/](https://www.waltersstate.edu/student-services/disability/)

SUICIDE PREVENTION STATEMENT

Walters State is committed to and cares about all students. Support services are available for any person at Walters State who is experiencing feelings of being overwhelmed, hopelessness, depression, thinking about dying by suicide, or is otherwise in need of assistance. For immediate help, contact the National Suicide Prevention Lifeline by calling or texting 9-8-8 or the Trevor Lifeline at 1-866-488-7386. Veterans may also contact the Veterans Crisis Line at 1-800-273-8255 (press 1) or Text 838255.

Walters State has a relationship in place with the following community agencies to provide services (may include crisis referral services, prevention screenings, etc.):

- Cherokee Health Systems 423-586-5032
- Frontier Health 423-467-3600

College Policies

STUDENTS HANDBOOK AS OFFICIAL GOVERNING DOCUMENT

This class is governed by the policies and procedures stated in the current Walters State Community College Student Handbook. All students attending Walters State Community College, regardless of

the time, location, or format of the class, must abide by the rules and regulations outlined in the current Walters State Catalog/Student Handbook and the current Walters State Timetable of Classes.

[Walters State Catalog \(opens in new window\)](#)
catalog.ws.edu/

[Walters State Timetable of Classes \(opens in new window\)](#)
ws.edu/admissions/registration/

PURPOSE, LIMITATIONS AND MODIFICATION OF SYLLABUS

This syllabus sets forth the expectations for the course content, work, and grading as well as expectations for student performance and conduct. The syllabus does not constitute a contract between the student and the instructor or the College. The information contained here is subject to change at any time. The instructor reserves the right to modify this syllabus at any time with written notification to the students. Though changes are possible, it is expected that the course will be conducted as described in this syllabus for the semester/year specified in the Course Information section of the syllabus. This syllabus is only valid for the semester/year specified and course requirements are not guaranteed for future semesters.

COURSE GROUND RULES

- Students must attend the first day of on-ground class or contact the instructor prior to the first class. Failure to do this may result in being dropped from the class. Excessive absences may substantially lower the course grade.
- Regular class attendance is a student's obligation for any course regardless of format. (See the Walters State Catalog/Student Handbook). If a student misses class, it is his or her responsibility to contact the instructor regarding missed assignments and/or activities and to be prepared for the next class assignment.
- Students enrolled in web courses must follow the course attendance policy defined for online attendance during the first week of class and throughout the term. Failure to do this may result in being dropped from the class during week one OR may result in the accrual of absences which may negatively impact the student's grade in the course.
- Students who have not paid fees on time and/or are not correctly registered for this class and whose names do not appear on official class rolls generated by the Walters State student information system (MyWS) will not be allowed to remain in class or receive credit for this course.
- Electronic devices must not disrupt the instructional process or college-sponsored academic activity. Use of electronic devices is prohibited unless use of the device is relevant to the activity and use is sanctioned by the faculty member in charge. Electronic devices that are not relevant to the activity or sanctioned by the faculty member in charge should be set so that they will not

produce an audible sound during classroom instruction or other college-sponsored academic activity.

FINANCIAL AID

Students receiving any type of financial aid or scholarship should contact the Financial Aid Office before making any changes to their schedule. Schedule changes without prior approval may result in loss of award for the current term and future terms.

All forms of student Financial Aid may be jeopardized or lost due to the lack of Satisfactory Academic Progress in one or multiple courses. Lack of Satisfactory Academic Progress may negatively impact a student's degree/certificate completion pace and further jeopardize Financial Aid eligibility.

CANCELLATION OF CLASSES AND ACADEMIC CONTINUITY

For information related to the cancellation of classes due to inclement weather or other events, please check the Senators Emergency Text system or the college's Web site at:

[Walters State Homepage \(opens in new window\)](#)

ws.edu/home/

[Walters State Facebook page \(opens in new window\)](#)

<https://www.facebook.com/WaltersState/>

[Walters State Twitter page \(opens in new window\)](#)

<https://twitter.com/waltersstate>

or call the college's student information line, 1-800-225-4770, option 1; the Sevier County Campus, (865) 774-5800, option 7; the Niswonger Campus (423) 798-7940, option 7; or the Claiborne County Campus, 423-636-6200, option 7. Also, please monitor local TV and radio stations for further announcements.

When an event or disaster interrupts the scheduled operations of the college and the ability to proceed with the academic course activities as planned, the college and your instructor may alter the course plan outlined in the syllabus. Should an event occur, students should refer to their course e-Learn pages and/or class materials previously delivered to receive guidance from their instructor. Students should continue to monitor the official college channels of communication listed in the above paragraph. If you would like to sign up for the Senators Emergency Text system, please go to the following Web site:

[Senator Emergency Text System \(opens in new window\)](#)

ws.edu/set/

Dual Enrollment students attending on a high school campus should refer to the high school inclement weather cancellations.

LEARNING MANAGEMENT SYSTEM

Brightspace (commonly known as eLearn or D2L) is the college's Learning Management System (LMS).

Brightspace is committed to accessibility by "deliver[ing] a learning experience that meets the needs of all people, regardless of age or ability." [Brightspace Accessibility Standard \(opens in new window\)](#)

Brightspace is also committed to guarding student data and privacy. [Brightspace Privacy Policy \(opens in new window\)](#)