Walters State Community College Course Syllabus

Course Information

Course Number and Name: NRSG 1340 Mental Health Nursing
Section ID: 50280.202350
Semester and Year: Summer 2023
Credit Hours: 3
Start Date: May 08, 2023
End Date: August 03, 2023
Course Format: CON - Conventional Methodology
Catalog Course Description: This course applies the core concepts that provide the basis for knowledge, skills and attitudes that are essential for providing safe nursing for clients with alterations in mental health including pharmacological management. **F,S,Su**
Meeting Details: ; 08:30AM - 04:30PM; TECH 150 & TBD & TBD
Course Drop Deadline: July 04, 2023

Instructor Information

Name: Staci Boruff, PhD, RN
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Name: Beth Cruz, DNP, RN
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Office Phone: 423-318-2752
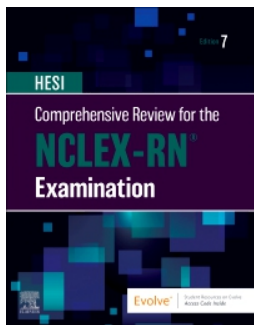**Email:** Beth.Cruz@ws.edu
Supervisor Name: Cheryl McCall
Supervisor Phone: 423-585-6993
Secretary Name: Barbara Chandler
Secretary Phone: 423-585-6981

Required Textbook(s) and Materials

Hesi Comprehensive Review for the Nclex-RN Examination
ISBN: 9780323831932
Authors: HESI
Publisher: Elsevier
Publication Date: 12-06-2022
Edition: 7th

Student Learning Outcomes/Objectives

- Course Outcomes

  1. Demonstrate knowledge of needs for individual clients experiencing deviations from optimal health as defined by the health illness continuum.

  2. Utilize the nursing process to provide basic care and comfort, pharmacological therapy and reduction of risks to individual clients experiencing health deviation.

  3. Demonstrate Associate Degree nurse competencies of assessment, collaboration, communication, management of care, clinical interventions, clinical decision-making, professional behaviors and teaching/learning to clients

  4. Develop knowledge and skill in using a collaborative approach to assessment by working with peers, nursing faculty, community representatives and individuals and families in the community.

- Competencies / Student Outcomes
  Upon successful completion of this course, which includes classroom attendance, text and journal readings, independent study, campus laboratory simulation, and guided clinical practice, the learner will:

<u>Professional Behavior</u>: Demonstrate ethical, legal, and regulatory frameworks of nursing and standards of professional nursing practice.

<u>Communication:</u> Demonstrate effective communication including information technology.

<u>Assessment:</u> Demonstrate ability to collect subjective and objective data to identify actual or potential health alterations.

<u>Clinical Decision Making:</u> Formulate clinical decisions to provide safe and effective evidenced-based nursing care.

<u>Caring Interventions:</u> Demonstrate caring interventions that incorporate principles of dignity, diversity, safety, and knowledge.

<u>Teaching/Learning:</u> Develop an individualized teaching plan to meet the learning needs of clients, families, and/or groups.

<u>Collaboration</u>: Collaborate when planning care.

<u>Managing Care:</u> Use basic principles of managing care.

- QSEN: Quality and Safety Education for Nurses
  Upon successful completion of this course, which includes classroom attendance, text and journal readings, independent study, campus laboratory simulation, and guided clinical practice, the learner will:

Client-Centered Care

1. Recognize the client and family are in a partnered relationship with their health care providers and should be equipped with relevant information, resources, access, and support to fully engage in and/or direct their health care experience.
2. Develop and integrate an understanding of multiple dimensions of client-centered care.

Teamwork and Collaboration

1. Function effectively within nursing and multi-disciplinary teams, fostering open and effective communication, mutual respect, and shared decision-making to achieve quality client care.

Evidence Based Practice

1. Integrate best current evidence with clinical expertise and client/family preferences and values for delivery of optimal, individualized health care.

Quality Improvement

1. Recognize that improving client care requires a systematic process of defining problems in order to identify potential causes and develop strategies to improve care. This process requires the ability to measure care and utilizing data to monitor the outcomes of care processes to design and test changes promoting continuous improvement of the quality and safety of health care systems.

Safety

1. Deliver safe effective care through an understanding of the complexity of care delivery, the limits of human factors, safety design principles, characteristics of high reliability organizations and client safety resources.

Informatics

1. Demonstrate competency with current computer-based information technologies.
2. Navigate the electronic health record.
3. Use computers to document caring interventions.
4. Recognize the time, effort, and skills required to become proficient at utilizing. Electronic devices and other information technologies as reliable and effective tools for client care.
5. Protect confidentiality of protected health information in electronic health records.

Instructional Approach and Methods

1. Lecture
2. Small and Large group discussions
3. Assigned readings
4. Audiovisual Presentations
5. Guest speakers
6. HESI Evolve Case Studies
7. Simulation
8. Examinations
9. Elsevier Adaptive Quizzing
10. HESI Examinations for Mental Health

11. Clinical Experiences
12. Clinical Presentations
13. Written Assignments

Assessment, Evaluation and Testing Procedures

Exam 1	60 points
Exam 2	60 points
HESI Exam	20 points
Evolve Case Studies	20 points
Elsevier Adaptive Quizzes	20 points
Documentary Reaction Paper	20 points
Total Course Points Possible	200 points

The Grading/Test Policy is located in the current nursing handbook.

Each student must complete the required exams, required exam reviews, assigned case studies, Evolve assignments, and proctored HESI exam prior to receiving a grade for the semester. Failure to complete the assigned testing, reviews, case studies, and project by the scheduled deadlines will result in an Incomplete "I" for the course. The student must complete all required items to remove the "I" and receive the appropriate grade.

1. Written Exams: There will be a mid-term and a final exam, each worth 60 points. Nullification of exam questions determined to be statistically invalid may occur. Students not scoring 78% on any exam are encouraged to meet with an advisor in the course. After one (1) week, all grades are final. A minimum of 78% is required for the student to progress to the next nursing course.
2. Students will take a HESI Mental Health Nursing Exam worth up to 20 points.

Grading/ Test Policies

No caps, hats, and sunglasses during the examinations. Students may wear foam earplugs during testing. The exception will be for the HESI exam in which approved headphones, earbuds or earphones are permitted. No books, paper, backpacks, and other personal belongings at the student's desk during testing. Only calculators and pencils provided by the faculty are permissible. Students must turn cell phones off during exams.

Exam Schedule and Topics

EXAM	DATE	QUESTIONS	TOPICS ON EXAM

Exam 1	7-17-23	60	Psych lab material, Therapeutic communication, Intervention in Groups, Relationship Development, Psych Assessments Trauma, Stressor Related Disorders, Anxiety, Addiction Somatic symptoms, Dissociative disorders
Exam 2	7-31-23	60	Children and Adolescents Survivors of Abuse and Neglect, Crisis Intervention, Eating Disorders, Schizophrenia, Depressive Disorders, Bipolar and Related Disorders, Personality Disorders
HESI	7-31-23	55	Comprehensive Mental Health

Standardized Testing: HESI Testing: Each student must complete the required HESI (Health Education Systems Incorporated) exams prior to receiving a grade for the semester. All students will take the exams at the end of the semester. A score of 850 or higher is the desired score for the HESI exam. All monies paid for HESI testing are non-refundable.

Elsevier Adaptive Quizzing

There are 3 quizzes required in Elsevier Adaptive quizzing. Students are required to make "Intermediate" status on each quiz to earn 20 course points. Failure to achieve "Intermediate" level will result in a grade of zero for the assignment.

 HESI Evolve Case Studies

Evolve case studies will be required in this course. See course calendar for assigned case study due dates. Failure to complete the assigned case studies will result in an incomplete "I" which prevents progressing to the next semester. Students must complete the assigned case studies with a grade of 78% or better to receive points.

Grading Scale

A	92-100%
B	83-91%
C	78-82%

D	70-77%
F	69% or below

Assignments

Assignments and guidelines for clinical areas are available in eLearn under "Content".

Class Participation

NRSG 1340 is scheduled to meet Mondays from 8:30 am -4:30 pm. Students should not schedule anything else during this time.

Attendance at classes and other official appointments is required. Attendance is recorded and absences are counted from the first scheduled meeting of the class. An explanation for the cause of all absences should be given to each instructor. If possible, students should inform their instructor in advance of planned absences. Punctuality is expected for each lecture. When a student is unable to attend class for unforeseen reasons, it is the student's responsibility to notify the appropriate instructor for assistance in obtaining information, handouts, etc. for the missed content.

Academic Honesty

Faculty expect all students to refrain from acts of academic misconduct including but not limited to:

1. Plagiarism - refers to using another person's ideas or writing without giving proper credit to the original source. Indulging in this type of conduct will subject the student to disciplinary sanctions, which may be imposed through the regular institutional procedures of Walters State Community College as outlined in the Student Handbook. Plagiarism will result in a grade of "0" for the paper/exam/presentation. Student Conduct and Disciplinary Sanctions contained in the college Catalog/Student Handbook apply (see policy 04:18:02 Disciplinary Sanctions). Plagiarism includes, but is not limited to the following:

   a. Using cut/paste tool from original document with no references given.

   b. Copying another student's work and submitting it as one's own.

   c. Forging or otherwise altering signatures.

   d. Giving or falsifying academic documents or materials.

2. Cheating - construed as attempting to deceive or mislead which includes, but is not limited to the following:

   a. Utilizing old tests, projects, notes or written papers.

b. Providing unauthorized information to a fellow student about exam content.

c. Receiving unauthorized aid from any source with quizzes, examinations, or other assignments.

d. Seeking information in an unacceptable manner during/preceding an exam or other assigned work (cheat sheet, verbal exchange, looking at another person's paper or electronic device, utilizing headphones, using textbook when the test/quiz is not an open book test/quiz, using textbook test bank etc.).

e. Consulting with a classmate or others when taking a computerized test.

f. Disregarding other specific policies and procedures outlined for a particular class.

g. Utilizing unapproved technology/electronic equipment during testing (i.e.: mobile devices such as cell phones, smart devices, or tablets, etc.).

h. Using the same Internet Protocol network address (IP address) as another student for testing without approval from the course faculty.

Student Resources

TUTORING SERVICES

Students in need of tutoring assistance are encouraged to contact the Office of Student Tutoring located as follows:

- Morristown Campus - Student Services Building Room L107 - (423) 585-6920
- Niswonger Campus - GRNV 226 - (423) 798-7982
- Sevierville Campus - MMH Room 210 - (865) 286-2787
- Claiborne Campus - Room 123A - (423) 851-4761

Specific tutoring assistance in mathematics and writing is available in-person and online as follows:

- Morristown Campus - English Learning Lab - HUM 120 - (423) 585-6970

  [Walters State English Learning Lab (opens in new window)](ws.edu/academics/humanities/writing-lab)
  ws.edu/academics/humanities/writing-lab

- Morristown Campus - Mathematics Lab - MBSS 222 - (423) 585-6872

  [Walters State Mathematics Learning Lab (opens in new window)](ws.edu/academics/mathematics/learning-lab)
  ws.edu/academics/mathematics/learning-lab

TECHNOLOGY SUPPORT

Students who need assistance with computing and technology issues should contact the IET Helpdesk by phone at Morristown: (423) 318-2742; Niswonger: (423) 798-8186; or Sevierville: (865) 286-2789 or on-line access.

[Walters State Helpdesk (opens in new window)](helpdesk.ws.edu)
helpdesk.ws.edu

STUDENTS WITH DISABILITIES SUPPORT SERVICES

Students with disabilities must register with Student Support Services each semester in the Student Services Building, Room U134 (phone (423) 585-6892) if they need any special facilities, services, or consideration.

[Walters State Student Support Services (opens in new window)](ws.edu/student-services/disability/)
ws.edu/student-services/disability/

SUICIDE PREVENTION STATEMENT

Walters State is committed to and cares about all students. Support services are available for any person at Walters State who is experiencing feelings of being overwhelmed, hopelessness, depression, thinking about dying by suicide, or is otherwise in need of assistance. For immediate help, contact the National Suicide Prevention Lifeline by calling or texting 9-8-8 or the Trevor Lifeline at 1-866-488-7386. Veterans may also contact the Veterans Crisis Line at 1-800-273-8255 (press 1) or Text 838255.

Walters State has a relationship in place with the following community agencies to provide services (may include crisis referral services, prevention screenings, etc.):

- Cherokee Health Systems 423-586-5032
- Frontier Health 423-467-3600

College Policies

STUDENTS HANDBOOK AS OFFICIAL GOVERNING DOCUMENT

This class is governed by the policies and procedures stated in the current Walters State Community College Student Handbook. All students attending Walters State Community College, regardless of the time, location, or format of the class, must abide by the rules and regulations outlined in the current Walters State Catalog/Student Handbook and the current Walters State Timetable of Classes.

[Walters State Catalog (opens in new window)](catalog.ws.edu/)
catalog.ws.edu/

[Walters State Timetable of Classes (opens in new window)](ws.edu/admissions/registration/)
ws.edu/admissions/registration/

PURPOSE, LIMITATIONS AND MODIFICATION OF SYLLABUS

This syllabus sets forth the expectations for the course content, work, and grading as well as expectations for student performance and conduct. The syllabus does not constitute a contract between the student and the instructor or the College. The information contained here is subject to change at any time. The instructor reserves the right to modify this syllabus at any time with written notification to the students. Though changes are possible, it is expected that the course will be conducted as described in this syllabus for the semester/year specified in the Course Information section of the syllabus. This syllabus is only valid for the semester/year specified and course requirements are not guaranteed for future semesters.

COURSE GROUND RULES

- Students must attend the first day of on-ground class or contact the instructor prior to the first class. Failure to do this may result in being dropped from the class. Excessive absences may substantially lower the course grade.

- Regular class attendance is a student's obligation for any course regardless of format. (See the Walters State Catalog/Student Handbook). If a student misses class, it is his or her responsibility to contact the instructor regarding missed assignments and/or activities and to be prepared for the next class assignment.

- Students enrolled in web courses must follow the course attendance policy defined for online attendance during the first week of class and throughout the term. Failure to do this may result in being dropped from the class during week one OR may result in the accrual of absences which may negatively impact the student's grade in the course.

- Students who have not paid fees on time and/or are not correctly registered for this class and whose names do not appear on official class rolls generated by the Walters State student information system (MyWS) will not be allowed to remain in class or receive credit for this course.

- Electronic devices must not disrupt the instructional process or college-sponsored academic activity. Use of electronic devices is prohibited unless use of the device is relevant to the activity and use is sanctioned by the faculty member in charge. Electronic devices that are not relevant to the activity or sanctioned by the faculty member in charge should be set so that they will not produce an audible sound during classroom instruction or other college-sponsored academic activity.

FINANCIAL AID

Students receiving any type of financial aid or scholarship should contact the Financial Aid Office before making any changes to their schedule. Schedule changes without prior approval may result in

loss of award for the current term and future terms.

All forms of student Financial Aid may be jeopardized or lost due to the lack of Satisfactory Academic Progress in one or multiple courses. Lack of Satisfactory Academic Progress may negatively impact a student's degree/certificate completion pace and further jeopardize Financial Aid eligibility.

CANCELLATION OF CLASSES AND ACADEMIC CONTINUITY

For information related to the cancellation of classes due to inclement weather or other events, please check the Senators Emergency Text system or the college's Web site at:

Walters State Homepage (opens in new window)
ws.edu/home/

Walters State Facebook page (opens in new window)
https://www.facebook.com/WaltersState/

Walters State Twitter page (opens in new window)
https://twitter.com/waltersstate

or call the college's student information line, 1-800-225-4770, option 1; the Sevier County Campus, (865) 774-5800, option 7; the Niswonger Campus (423) 798-7940, option 7; or the Claiborne County Campus, 423-636-6200, option 7. Also, please monitor local TV and radio stations for further announcements.

When an event or disaster interrupts the scheduled operations of the college and the ability to proceed with the academic course activities as planned, the college and your instructor may alter the course plan outlined in the syllabus. Should an event occur, students should refer to their course e-Learn pages and/or class materials previously delivered to receive guidance from their instructor. Students should continue to monitor the official college channels of communication listed in the above paragraph. If you would like to sign up for the Senators Emergency Text system, please go to the following Web site:

Senator Emergency Text System (opens in new window)
ws.edu/set/

Dual Enrollment students attending on a high school campus should refer to the high school inclement weather cancellations.

LEARNING MANAGEMENT SYSTEM

Brightspace (commonly known as eLearn or D2L) is the college's Learning Management System (LMS).

Brightspace is committed to accessibility by "deliver[ing] a learning experience that meets the needs of all people, regardless of age or ability." [Brightspace Accessibility Standard (opens in new window)](#)

Brightspace is also committed to guarding student data and privacy. [Brightspace Privacy Policy (opens in new window)](#)